










Sample 2016

CALENDAR SUBJECT TO CHANGE—SEE WHITE BOARD FOR DAILY PROGRAMS

DAILY MEAL SCHEDULE

Breakfast—7:30—9AM
Lunch—11:30—1PM
Dinner—4:30—6PM

	Mon	Tue	Wed	Thu	Fri	Sat
BOOK CART <i>Jordans-Saturday 11AM</i> <i>Phelps-Saturday 11:30AM</i> 	1 10:00 Mon. Morning Mixer P 1:30 Classical Music Café 1:30 Art in the Center ADC 3:00 PHELPS Resident Council 3:30 Word Game J 5:30 Front Page News J	2  9:30- Bowling WMH 10:30 Intergenerational J & P 1:30 SOCK HOP WMH 3:30 Exercise P	3 9:30 Bowling WMH 9:30 Giant Trip P & J 10:30 Busy Hands P 3:30 Exercise P 3:30 JORDANS Res. Council	4 9:30 Morning Ride P & J 11:00 Rosary HICKS 1:30 Community Chorus WMH 3:00-Senior Group Discussion P 5:30- Sing-along P	5 <i>Summer Olympics begins</i>  9:30- Morning Ride J & P 1:30 Reading P 1:30 Brain Teasers J	6 9:30- Morning Ride J&P 1:30-3PM Movie Matinee 2:00 Exercise P staff
7 10:00 St. Andrews Mass 11:00 Communion J 11:00 Quaker/Protestant Service ADC	8 10:00 Monday Morning Mixer P 1:30 Classical Music Café 1:30 Art in the Center ADC 3:30 Word Game J 5:30 Front Page News J	9 9:30- Bowling WMH 10:30 Intergenerational J & P 1:30 Singers & Swingers café 2:30 Scrabble J 3:30 Exercise P	10 9:30 Bowling WMH 9:30 Giant trip P&J 10:30 Busy Hands P (after lunch)Ice Cream Social In your dining room 3:00 Chair Exercise J 3:30 Exercise P	11 9:30 Morning Ride P & J 11:00 Rosary HICKS 1:30 Community Chorus WMH 3:00-Senior Group Discussion P 5:30 Sing-along J	12 9:30- Morning Ride J & P 1:30 Reading P 1:30 Brain Teasers J 3:30 Early American Life J	13 9:30- Morning Ride J&P 10:00 Manicures J 2:00 Exercise P staff
14 10:00 St. Andrews Mass 11:00 Communion J 11:00 Quaker /Protestant Service ADC	15 10:00 Monday Morning Mixer P 1:30 Classical Music Café 1:30 Art in the Center ADC 3:30 Word Game J 5:30 Front Page News J	16 9:30 Bowling WMH 10:30- Intergenerational J & P 1:30 Singers & Swingers Café 2:30 Brain Candy J 3:30 Exercise P	17 9:30 Bowling WMH 9:30 Giant trip P&J 10:30 Summertime Program With MUSIC P 3:00 Chair Exercise J 3:30 Exercise P	18  9:30 Morning Ride P & J 10:00 GRANGE FAIR SU 11:00 Rosary HICKS 1:30 Community Chorus IN PHELPS 3:00-Senior Group Discussion P	19 9:30- Morning Ride J & P 1:30 DISNEY PLAY (live Theater) WMH 3:30- Early American Life J	20 9:30- Morning Ride J&P 1:30-3PM Movie Matinee 2:00 Exercise P staff
21 10:00 St. Andrews Mass 11:00 Communion J 11:00 Quaker /Protestant Service ADC	22 10:00 Monday Morning Mixer P 1:30 Art in the Center ADC 1:30 Classical Music Café 3:30 Word Game J 5:30 Front Page News J	23  9:30 Bowling WMH 10:30- Intergenerational J & P 1:30 Barber Shop QUARTET WMH 3:30 Exercise P	24 9:30 Bowling WMH 9:30 Giant trip P&J 10:30 Busy Hands P 3:00 Chair Exercise J 3:30 Exercise P	25 9:30 Morning Ride P&J 11:00 Rosary HICKS 1:30 Community Chorus WMH 3:00-Senior Group Discussion P	26 9:30 Morning Ride J & P 1:30 Reading P 1:30 Shabbat Café 3:30 Early American Life J	27 9:30- Morning Ride J&P 10:00 Manicures J 2:00 Exercise P Staff
28 10:00 St. Andrews Mass 11:00 Communion J 11:00 Quaker /Protestant Service ADC	29 10:00 Monday Morning Mixer P 11:00 RED LOBSTER SU 1:30 Classical Music Café 1:30 Art in the Center ADC 3:30 Word Game J 5:30 Front Page News J	30 9:30 Bowling WMH 10:30- Intergenerational J & P 1:30 Singers & Swingers Café 2:30 Brain Candy J 3:30 Exercise P	31 9:30 Bowling WMH 9:30 Giant trip P&J 10:30 Busy Hands P 3:00 Chair Exercise J		Welcome "Olympia"  Mon + Thurs Between 3-4:30	